**2014 BCA Youth Retreat Schedule**

| July 7, 2014 Monday | July 8, 2014 Tuesday | July 9, 2014 Wednesday | July 10, 2014 Thursday | July 11, 2014 Friday | July 12, 2014 Saturday | July 13, 2014 Sunday |
|---|---|---|---|---|---|---|
| | 7 am wake up | 7 am wake up | 6:45 am wake up | 7 am wake up | 7 am wake up | 7 am wake up |
| | 8 am morning service | 8 am morning service | 7:30 am morning service (Shoshinge) Sofu | 8 am morning service (Shoshinge) Sofu | 8 am morning service | 8 am breakfast |
| | 9 am breakfast/ cleaning Debrief | 9 am breakfast/ cleaning Debrief | 8:30 am Depart for Berkeley | 9 am breakfast/ cleaning Debrief | 9 am breakfast/ cleaning Debrief | 9:30 am Obon/ Hatsubon service (Socho) |
| | 9:45-12 am What is Buddhism? workshop | 10-12 am Who is Shinran? workshop | 10:00 Visit Jodo Shinshu Center<br>11:00 Leave for SF | 10-12 am What is Nembutsu? workshop | 10:00 Visit Old Sac | 11:30 Graduation service (Socho) |
| | 12 lunch | 12 lunch | 12 lunch - SF | 12 lunch | 12 lunch | |
| 3:00 pm Opening Service<br>Check In<br>Welcome<br>Introduce<br>Rules<br>Care of robes | 1:30 pm Onaijin etiquette workshop<br>2 pm – Juseige | 1:00-2:00 pm Intro to Shoshinge workshop | 1:30 pm Visit BCA/Stupa<br>3:00 pm Depart for Sacramento | 1:30-3:00 pm Sambujo/ Junirai workshop<br>3 pm Meditation | 2 pm Leave Old Sac | 1 pm Graduation Wrap up Lunch |
| | 3:00-3:30 break | 3:00 Afternoon service | | 3:30-4:30 break | 3:00 Reflections | 3:00 pm Good Bye |
| | 4:00 Afternoon service | 4:00 Intro to Onajin | 4:30 Afternoon service | 4:30 Afternoon service | 4:30 Afternoon service | |
| 5-6 dinner | 5-6 dinner | 5-6 dinner | 5-6 dinner | 5-6 dinner | 5-6 dinner | |
| | 6:45 Evening service | 6:30 Service | 6:30 Service | 6:30 Service | | |
| 7 pm<br>What is a Howa?<br>Flag making Activity | 7:30 pm Kansho workshop | 7 pm Sushi making workshop | 7 pm Obon odori activity | 7 pm Games | OBON ODORI | |
| | | 8:30 Evening Service | 8:30 Evening Service | | | |
| | 9:00 (Teen discussion) | 9:00 (Teen discussion) | 9:00 (Teen discussion) | 9:00 (Teen discussion | Karaoke | |
| 10-11 clean | 10-11 clean up/study | 10-11 clean up/study | 10-11 clean up/study | 10-11 clean up/study | 10 pm Clean up | |
| 12 lights out | 12 lights out | 12 lights out | 12 lights out | 12 lights out | 12 lights out | |